

SUMMER 2017



"Looking Backwards to LYON"

JUNE 2017

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Memories of SOSORT 2017

Memories of SOSORT

In [this video](#) you will find the memories of our 12th SOSORT meeting. Warm memories of great meeting organized by Jean Claude and his team.



NEW!

New Board

The current board is as follows:

President	Michelle Romano
Secretary	Eric Parent
President Elect	Luke Stikeleather
Treasurer	Angelo Aulisa
Member at Large 1	Andrea Lebel
Member at Large 2	Nigel Price
Member at Large 3	James Wynne
Member at Large 4	Lori Dolan

Board Election:

Past President	Fabio Zaina
Past Treasurer	Helmut Diers
Past Member at Large	Angelo Aulisa

Thanks to all of you for all the work you have done!

New President

Dear Friends,

I would firstly wish to reiterate my thanks for the honor you have given me by assigning me to this prestigious role. The next year is a great challenge for me. One of my propositions is to use the time of my mandate to stimulate the active participation of all of SOSORT's members

SOSORT LYON 2017

Reflections on SOSORT's 12th International Meeting

With almost 60 original pieces of research to present and discuss over the course of two and a half days this year's conference continued to raise the bar at what can be achieved by our dynamic society. This year's SOSORT Award winning submission by Angelo Aulisa, demonstrated the importance we must place on the long term care of our patients, with an impressive look at the results of bracing 10 years post-brace removal. This long-term mentality was complimented by the well-organized work of fellow Award Nominee Sanja Schreiber in her analysis of her ongoing attempts at completing an RCT into PSSE for scoliosis management. Using research as the cornerstone of our conference, there was also time allowed for our Guest Lecturers, including SRS President Kenneth Cheung, Honorary Lifetime Member Jean Dubousset, Hubert Labelle and Manuel Lopez to talk openly and eloquently on their own fields of expertise and drawing attention to the vast areas we must continue to consider when looking at spinal deformities and their management.

With this being the 12th Meeting of SOSORT, we were also honored to hear of the progress made within the bracing community with the developments of the bracing systems showing that it is not enough for us as clinicians purely to stand still but we must take the inspiration from each other and evolve our treatments in response to the results of our research and clinical learning.

During the Gala Dinner, in the absence of SOSORT President Jacek Durmala, our Past President Fabio Zaina was given the duty of handing over leadership of our Society to physiotherapist Michele Romano who spoke warmly of the work done by the Society in the past years and aptly ending the conference with a question: 'What is the Most Important Aspect of Scoliosis Care'?

Edited by Jason Black

Pre-Course 2017

At SOSORT's 12th Annual International Meeting, held in May 2017, the entire pre-conference educational session focused on the topic of posture and sagittal plane deformities. Sagittal alignment has become a hot topic in the world of orthopedics. There is a growing recognition that spinal deformities affect a significant portion of the population, both adolescents and adults. In fact, the prevalence of spinal deformity in the older adult population is roughly 68% – that's more than two-thirds of older adults, a number which alone speaks to the importance of this topic. At the meeting speakers from several disciplines and from all over the world, experts on spinal deformities such as physicians, physical therapists and orthotists, gathered to exchange knowledge and scientific information on how to correct or improve the spinal deformities and mitigate their side effects. The pre-meeting exceeded expectations, as the number of registrants was higher than any previous SOSORT pre-meeting educational course.

We would like to invite all SOSORT members, local health care providers and families to join next year's pre-meeting courses in Dubrovnik, Croatia. We will be offering two separate courses: both basic and more advanced concepts courses to allow participants to find the level of education that will serve them best.

On behalf of the Education Committee I would like to invite next year's attendees to register for the pre-meeting course (more details to come).

Edited by Hagit Berdishevsky, chair of Education Committee

in the work of the society as a whole. This means that we will not be limiting the discussion on decisions such as the locations of our future meetings or the collection of your ideas for the drafting of our consensus guidelines, but to start gathering suggestions from you all throughout the year I have already publicly stated what are the most important goals I set for myself.

Among them, a goal which seems to me to be the easiest to pursue, but also that I consider is our own ethical duty for our patients, as well as a mandatory point to stimulate interest for the professionals who want to get closer to our society is the **improved clarity of our treatment tools.**

I would like the involvement of all to start the comparison of these tools and determine if there is a chance to identify the strongest points in each of them.

Obviously, considering my profession I will be more focused on specific exercises but I assure you that my attention will not only be on the exercises but also share focus on the braces.

Those who know me well already know my dream is to stimulate the research for cheaper and more simplistic orthoses for use even in countries where, in future, we will be unable to access for many years.

SRS President and Joint SOSORT-SRS Project of Partnership

It was with great pleasure again this year, that the SOSORT Community was able to welcome current SRS President Kenneth Cheung to present at this year's conference. Mr Cheung became the first SRS President from outside the USA when he took up to role of leading their Society this year and attended to give an important discussion on the value of flexibility assessment in the management, both conservative and surgical, of scoliosis.

We are also proud to highlight that this year involved the **FIRST COMBINED PROJECT OF PARTNERSHIP** between SRS and SOSORT, when members from both societies agreed to work together on the production of a patient education webinar. The first steps were taken towards this with an organized lunch at SOSORT 2017 with members of both societies in attendance and we look forward to hearing about their progress in the near future.

Welcome Message, edited by the Membership Committee

We would first like to welcome our new members of the SOSORT and thank all of our existing members who have renewed their membership year after year.

As a society dedicated to the conservative treatment of spinal deformity we are becoming stronger and more influential every year, thanks to the commitment of our active and associate members and the growing interest of others.

The SOSORT needs your participation so may we suggest that you pay your fees in due time to help us carry on with our mission of reaching out to and educating the health care community and public on the early detection, conservative diagnosis and treatment of scoliosis, hyperkyphosis and other spinal and pelvic deformities, across the globe!

The society has changed a lot since its inception, and the number of members has doubled in the last few years.

The membership committee is now faced with great challenges relating to the growing number of requests from new members so we need new tools to better manage our new applications.

Together with the SOSORT Board it was decided that new members could only apply for membership through [online subscription](#). E-mail to members of the different committees will no longer be accepted to avoid any confusion.

We wish to acknowledge our Communications Committee who has newly refurbished our web site in order to facilitate the spreading of information relating to membership.

In order to help us manage entries effectively, the deadline for new member subscriptions will be the same as for abstract submission. Those who apply as a new member and those who want to submit after that date will have their names put down on a list for the next year.

It was decided that a "provisionary member" status would be attributed after the deadline and all future members would be voted at the next SOSORT meeting. The candidate may enjoy the same privileges as SOSORT members for one year. The fees will be the same for provisionary, associate or active members. New applicants will have attended a previous SOSORT meeting when they are voted in as members.

Research Course 2017

On May 6 2017, Eric Parent, Sabrina Donzelli and Patrick Knott offered the annual SOSORT research course. This year's course was planned with audience participation in mind. Thanks everyone for the animated discussion and the excellent questions. The SOSORT-SRS joint recommendations for research studies on treatment of the idiopathic scoliosis were discussed. The need to consider quality appraisal tools when planning your own research was emphasized with Dr Parent reviewing the Cochrane Risk of Bias and CONSORT statement tools. These tools can be used in combination to both plan a good project and write a detailed clinical trial report. Dr Patrick Knott continued introducing a list of quality appraisal questions relevant to planning other types of treatment effectiveness questions. He introduced ethics consideration in his discussion as well as an algorithm to assist selecting the most adequate statistical test for a given research question. Dr Sabrina Donzelli continued with information on planning and appraising good cross-sectional studies. Throughout the discussion published research examples were discussed to help participant test their appraisal skills. SOSORT research courses are designed to help refine critical interpretation skills for when reading research or attending research presentations. Course also aims to help novice researchers focused on populations relevant to SOSORT in developing relevant, feasible and quality projects.

Edited by Eric Parent



Save the Date; DUBROVNIK 2018!

This is a [link](#) to a video of Dubrovnik. Save the date: 19-21 April 2018. Pre-course on April 18th and Research course on April 21st.



[Read more...](#)

SOSORT New Website!

Check out our new SOSORT website. It's not finished yet, but will be soon [Read more...](#)

Thank you Jean Claude!!

50 years of medical practise AND 45 years of activity in scoliosis treatment! It's worth to say thank you, but how?

Jean Claude you stayed and worked with us (SOSORT) from the beginning and we are sure, we don't need to list your most valuable contributions to SOSORT development. You represent also the highest standards of the medical profession and also an outstanding personality.

The slightly unusual form of [SINGING A DEDICATED SONG](#) by the whole SOSORT community during the Gala Dinner expressed our gratitude to YOU, our friend and Scoliosis Master.

We tried to make a good performance for you, Jean Claude, and we even tried to make it a big Surprise! One more time...

*O, thank you Jean Claude,
O, thank you Jean Claude,
For your wisdom, for your charm
for the service at full time
to scoliosis patients and the Society.*

*O, Jean Claude, merci ! la la la la
O, Jean Claude, merci ! la la la la
Au soleil, sous la pluie [at sun, at rain]
A midi, a minuit [noon and midnight – from the French original]
On te remercie - notre cher Ami.*

Members who fail to pay their dues for 2 consecutive years will lose login access to the website but can reactivate by issuing a payment within this time frame. A member, who fails for three consecutive years, will no longer be considered part of the SOSORT without any further notice.

We are grateful for this growing interest, which makes SOSORT thrive more every year!

Executive Board 2018

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SCOLIOSIS AWARENESS

June: Scoliosis Awareness Month

Show your support! June is Scoliosis Awareness Month. Let people know, in every way, to be aware of scoliosis. Show how to check Scoliosis. Spread the worth!

Scoliosis Awareness Day

International Scoliosis Awareness Day (ISAD) falls on the last Saturday of each June. It's a very special day for all of your calendars – save the date 24th June 2017

It's a day to create positive public awareness of scoliosis, promote education, and bring together those affected by the condition.

#CureAIS – Columbia University Initiative

Following the heels of SOSORT, we had another great meeting showcasing opportunities for the rapidly changing field of conservative scoliosis management at Columbia University Medical Center May 22 in New York City. The thought provoking theme of the conference was #cureAIS. This exciting one day course entitled Non Operative Management of Childhood Scoliosis led by Dr. Michael Vitale featured some of the leading scoliosis surgeons in North America including Dr. Stuart Weinstein, Dr. James Sanders, Dr. Tim Hresko, and Dr. Benjamin Roye. The course also was accompanied by thought leaders in the field including Lori Dolan and Schroth therapists Hagit Berdishevsky, Prachi Bakarnia, Kelly Grimes Andrea Lebel and Marissa Muccio, Orthotist John Tunney. Also exciting was a precourse where Dr. Vitale shared initial steps to develop a Best Practice Guideline for conservative management of AIS.

#CureAIS. We encourage everyone to utilize this hashtag and create the movement that has already begun but needs to continue momentum so that more practitioners and surgeons are educated about the non operative resources that are out there. We are underutilizing the amazing tools that we have at hand. Give us some time and I think we can really #cureAIS.

#ScreenOutScoliosis NSF Initiative

Join **#ScreenOutScoliosis** Campaign. Tell Your Story and Voice Your Support! The National Scoliosis Foundation has been advocating for the early detection and treatment of scoliosis via screening for more than forty years. As a patient led and focused organization we believe the latest US Preventive Services Task Force (USPSTF) falls far short of what is needed for adolescent patients and their families. Therefore, we are launching the #ScreenOutScoliosis Campaign. It is time to Tell Your Story and Voice Your Support for Scoliosis Screening. Papers published in the peer-reviewed literature are important, but it is only part of the equation. The collective voice of patients and families, the professional experts, and the general public must be heard. Let the USPSTF know how important this issue is, and why an "I" grade is not the best option for our adolescent patients and their families.

Speak Up and join our #ScreenOutScoliosis Campaign to tell your story and voice your support for scoliosis screening. As the BrAist study committee concluded, it is unethical not to treat a child. Scoliosis Screening for Early Detection is the ethical option the USPSTF should support to potentially prevent progressive spinal deformity in children. Joe O'Brien, President of NSF, Co-Founder & Past President of SOSORT

Chair of Communication Committee - Andrea Lebel

Newsletter - Mariette Zoer

Editor - Jason Black

International Relations - Pamela Espinoza

Comments, tips or advice? Mail to [Mariette Zoer](mailto:Mariette.Zoer)

Join us:



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