

SOSORT Educational Pre-Meeting Level 1 Course
April 18, 2018 – Dubrovnik, Croatia

Organizer: Suncica Bulat Wuersching

Chairs: Hagit Berdishevsky and Sanja Schreiber

Time	Topic	Speaker
8:00-8:10	OPENING REMARKS (10 min)	
8:10-8:30	Etiopathogenesis of Idiopathic Scoliosis (20 min)	Theodoros Grivas
8:30-8:50	Idiopathic Scoliosis: Definition, Natural History, Detection and Clinical Picture (20 min)	Suncica Bulat Wuersching
8:50-9:00	Discussion (10 min)	
9:00-9:20	3D Nature of Idiopathic Scoliosis: Implications in Non-Surgical Treatment (20 min)	Manuel Rigo
9:20-9:35	Non-Idiopathic Scoliosis: Differential Diagnosis and Treatment (15 min)	Franz Landauer
9:35-9:45	Discussion (10 min)	
9:45-10:05	Scoliosis Management Indication (20 min) When to move from observation to physical therapy and bracing, and when to move beyond conservative management based on SRS and SOSORT guidelines	Sabrina Donzelli
10:05-10:10	Discussion (5 min)	
10:10-10:30	Idiopathic Scoliosis Physiotherapeutic Scoliosis Specific Exercises: Indication, Goals and Concepts (20 min)	Hagit Berdishevsky
10:30-10:50	Physiotherapeutic Scoliosis Specific Exercises: Evidence (20 min)	Sanja Schreiber
10:50-11:00	Discussion (10 min)	
11:00-11:30	Coffee Break (30 min)	
11:30-11:50	Idiopathic Scoliosis Bracing: Indication, Goals and Concepts (20 min)	Luke Stikeleather
11:50-12:10	Idiopathic Scoliosis Bracing: Evidence (20 min)	Angelo Aulisa
12:10-12:20	Discussion (10 min)	
12:20-12:35	Surgery and When is it Time for it (15 min)	Tomislav Đapić
12:35-12:40	Discussion (5 min)	
12:40-1:00	Discussion and Conclusion (20 min) Where are we? discussion on treatment principles presented and what should be changed in respective countries, recommendation for health insurance, Ministries of health (screening, guidelines for PSSE, bracing, etc.)	Suncica Bulat Wuersching and Tomislav Đapić

1:00-2:00	Lunch Break (60 min)	
Time	Topic	Speaker
2:00-2:15	Non-Invasive Methods to Measure Back Asymmetry in Idiopathic Scoliosis (15 min)	Patrick Knott
2:15-2:30	Standardization of Digital Photography Technique in Assessment of Body Posture Parameters (15 min)	Lukasz Stolinski
2:30-2:40	Discussion (10 min)	
2:40-2:50	The Patient's Perspective (10 min)	Joe O'Brien
2:50-3:05	'Motivational Interviewing' and How to Help Patient be Compliant with the Treatment (15 min)	Elisabeta D'Agata
3:05-3:15	Discussion (10 min)	
3:15-3:30	Physiotherapeutic Scoliosis Specific Exercises: Overview of the Methods and Schools (15 min)	Michele Romano
3:30-3:45	Evidence on Sport Participation (15 min)	Alessandra Negrini
3:45-4:00	Discussion (15 min)	
4:00-4:25	Coffee Break (25 min)	
4:25-4:45	Adult Scoliosis: Presentation, Clinical Features and Treatment Indications (20 min)	Fabio Zaina
4:45-5:05	Early Onset Scoliosis (Presentation, Clinical Features and Treatment Indications (20 min)	James Sanders
5:05-5:15	Discussion (10 min)	
5:15-5:30	Adult Physiotherapeutic Scoliosis Specific Exercises: Modification of the Treatment and Case presentation (15 min)	Larry Cohen
5:30-5:45	Early Onset Scoliosis Physiotherapeutic Scoliosis Specific Exercises: Modification of the Treatment and Case Presentation (15 min)	Andrea. Lebel
5:45-5:55	Discussion (10 min)	
5:55-6:00	CLOSING REMARKS	
19:00	COCKTAIL HOUR AND WITH DINNER	